AIRBANDS WIRELESS BLOOD FLOW RESTRICTION CUFFS ???????? ??????

AIRBANDS WIRELESS BLOOD FLOW RESTRICTION CUFFS

??????????: ??? ??????????? ?????
Price
264,00 €

264,00 €

0,00 €

Άμεση παραλαβή
Παράδοση 1 έως 3 ημέρες

???? ??? ??????? ??? ?? ??????

ManufacturerAirbands

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AIRBANDS Blood Flow Restriction (BFR) training - ??????????? ????????? ????

?? ??????? ???????? BFR ???? ???? ?????? !! ? ??? ????? ???? ???????? ??????????? ????????? ???? (Blood Flow Restriction -BFR). ?? ?????? ?? ???????? ?? ?????? ??? , ??? ?????? ??? ??? ?? ????? ???? ???? ?? airbands bfr ????? ???? ??? ???????!

????? ?? ????????? ?? Airbands ??????? BFR (Blood Flow Restriction)?

- ?????????????? ???????? ???? ?????? ??? ??????????? ?? ????? ?????
- ??? ??????? ??? ????? (??????? ?????? 25cm – 45cm , ??????? ?????? 45cm – 65cm)
- ??????? (????? 500 ??)
- ???????? ?????????????? ???????? ????????? ??? ??????
- Max ?????: 280 mmHg
- ???????? ???????? : 3 ????

???????? ??????????? Airbands BFR

- ?????: 500g
- Bluetooth 4.0 ?????????????
- USB-C ??????? ???????? ??? Airbands
- ???? ????????? ??? ?? ?? ?????????? ?????? ??? ?????
- ?????????? ??????? ????????
- ?? ???????? ??? ?? ????? ????????? ?????????

??????? ?? AIRBANDS ?? ???? ??? 2 ????? ??? ????? ??????? !

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- ???????? ??? ???????? AirBands app

- ???????? ??? AirBands ?? ?? ?????? ??? (Andoid ??? Itunes
- ?? AirBands ?? ?? ????????? ?? ????????? ??? ????? ??? ??????????
- ?????? ??? ????????? ???

?? airband bfr ????? ??????? ???????? ??? :

- ????????????????
- ??????????
- ?????????

?? ????? ?? BLOOD FLOW RESTRICTION (BFR) - ????????? ??????????? ????????? ?????

?? **Blood Flow Restriction (BFR) – ????????? ??????????? ????????? ????** ????? ??? ??????? ???? ????????? ???? ?????? ????????? ??? ????????? ???? ??? ???? ????????? ??? ???????? ???? ??? ????? ??? ??????????????? ?????? ??? ???????????????? ? ??? ????????? ??? ????????? ??? ??? ??? ???? ????? ?? ????? ???? ??????? ??????? / ?????????? (?? ??????? – ??????? ???????????) ??????? 20% ??? ???????? ?????????? (Rep Max) . ?? ??? ???????????????? ???????????? ??? ??????? ?? ??????????? ??????? ?? ??????? ???????????? ???????? ??? ?? ??????????? ???? ? ?????? ?? ??????? ??????????? ??? ????? ?????? ?? ??????????? ??? ?? ????????? ?? ??????????? ??????????? ??? ???? ??? ?????? ??? ??? ?????? .

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- ?????? ?????? ?????
- ?????? ???????
- ?????? ??????????????? ??????????
- ?????? GH, IGF1
- ???????? ????? ???? ????????? ??? ????? ??????
- ??? ???????? DOMS (Delayed Muscle Soreness)

?? ?????? ?? ?????? ??????????? ??? ?? ?????? ??? ?????????? ?? ?????????? ????????? ???? ??????? ?? ???? ???

[BLOOD FLOW RESTRICTION (BFR) - ????????? ??????????? ????????? ????]

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