

Therband Loop Power Band set of 4 (7KG- 23KG)



theraband crossfit loop power band





Therband Loop Power Band set of 4 (7KG- 23KG

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99,90 €

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✓ Άμεση παραλαβή
Παράδοση 1 έως 3 ημέρες

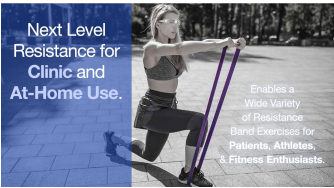
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Loop Power band set 2 (Light & Medium)

Backed by over 40 years of professional use, TheraBand is trusted by clinicians, professional athletes, and everyday fitness enthusiasts to help improve flexibility, injury rehabilitation, and full-body workouts. TheraBand High Resistance Bands provide new levels of resistance ranging from 15 to 50 pounds. Ideal for use in more advanced rehabilitation and recovery, the high resistance bands are designed to safely add resistance without heavyweights, making it a great alternative to expensive gym equipment while still meeting all of your exercise needs! Each 41" band includes a visual resistance indicator, determined by the thickness of the band, which allows users to recognize improvement and provides at-a-glance documentation of progress from one level to the next. Estimated resistance levels are based on pull forces to stretch band between 100% and 200% elongation.



Overview:

- Designed to train all aspects of fitness and performance, TheraBand High Resistance Bands provide a tool to exercise in the park, your hotel room, at work, at home, and, of course, at the gym
- Made from a highly durable, natural latex rubber, these resistance bands are built to withstand your most intense workouts and routines
- Ideal for assisted pull-ups, powerlifting, Pilates, targeted stretching, toning exercises, and full-body workouts
- Each band measures 41" in length and 0.25" in thickness, complete with safety instructions and recommended exercise chart
- Sold individually or in bundles including set of 4 (1 - Light, 1 - Medium, 1 - Heavy, 1 - X-Heavy), set of 2 (1 - Heavy and 1 - X-Heavy), set of 2 (1 - Medium and 1 - Heavy), and set of 2 (1 - Light and 1 - Medium)



Resistances :

- Orange / Light 15 lbs. / 7 kg
- Green / Medium 25 lbs. / 11 kg
- Blue / Heavy 35 lbs. / 16 kg
- Purple / X-Heavy 50 lbs. / 23 kg

*Resistance Estimated resistance levels are based on pull forces to stretch band between 100%



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