

Jamar Hydraulic Hand Dynamometer



hydraulic-hand-dynamometer



Jamar Hydraulic Hand Dynamometer

?????????: ??? ?????????????? ?????
????
459,99 €

459,99 €

✓ Preorder - προπαραγγελία

[???? ??? ??????? ??? ?? ?????](#)

?????????: [Jamar](#)

?????????

????????? ??????????: Jamar Hydraulic Hand Dynamometer

This hand dynamometer is ideal for routine screening of grip strength and hand functionality. It can be used from physiotherapists to evaluate initial and ongoing impacts of hand trauma and dysfunction.

Professional Evaluations

Having precise and accurate evaluation tools is crucial when treating patients. The Jamar Hydraulic Hand Dynamometer comes calibrated and is a great tool for professional clinical use.

Useful Features

The Jamar Hydraulic Hand Dynamometer can be used to measure isometric force and peak strength with five adjustable grip positions. This helps track strength and rehabilitation over time and is ideal for physical therapy professionals.

Normative Grip Strength Data ¹²

Age	Hand	Males		Females	
		Mean	SD	Mean	SD
6-7	R	32.5	4.8	28.8	4.4
	L	30.7	5.4	27.1	4.4
8-9	R	41.9	7.4	35.2	5.2
	L	39.8	8.2	33.6	6.9
10-11	R	53.9	9.7	48.7	8.1
	L	48.4	10.8	45.2	9.8
12-13	R	58.7	15.5	56.8	10.6
	L	55.4	16.9	50.8	11.8
14-15	R	77.3	15.4	58.1	12.3
	L	64.4	14.9	49.2	11.9
16-17	R	94.6	19.4	67.2	16.5
	L	78.5	19.1	56.9	14.6
18-19	R	109.0	24.6	71.6	12.2
	L	93.9	27.8	61.7	15.5
20-24	R	121.9	29.6	79.4	14.5
	L	104.5	31.8	61.8	13.1
25-29	R	128.8	23.9	74.5	13.9
	L	118.9	16.2	62.5	12.2
30-34	R	121.8	22.4	78.7	19.2
	L	119.4	21.2	66.6	17.2
35-39	R	119.7	24.9	74.1	16.8
	L	112.9	21.7	66.3	11.7
40-44	R	116.8	28.7	78.4	15.5
	L	112.8	18.7	62.2	13.8
45-49	R	109.9	23.9	62.2	15.1
	L	109.8	22.8	58.8	12.7
50-54	R	113.6	18.1	65.8	11.6
	L	101.9	17.9	57.2	10.7
55-59	R	101.1	26.7	57.5	12.5
	L	83.2	23.4	47.2	11.9
60-64	R	89.7	20.4	55.1	19.1
	L	76.8	20.2	45.7	10.1
65-69	R	81.1	20.6	49.6	8.7
	L	76.8	19.8	41.9	8.2
70-74	R	75.3	21.5	46.6	11.7
	L	64.8	18.1	41.5	10.2
75+	R	68.7	21.8	42.6	11.8
	L	55.8	17.6	37.6	8.8