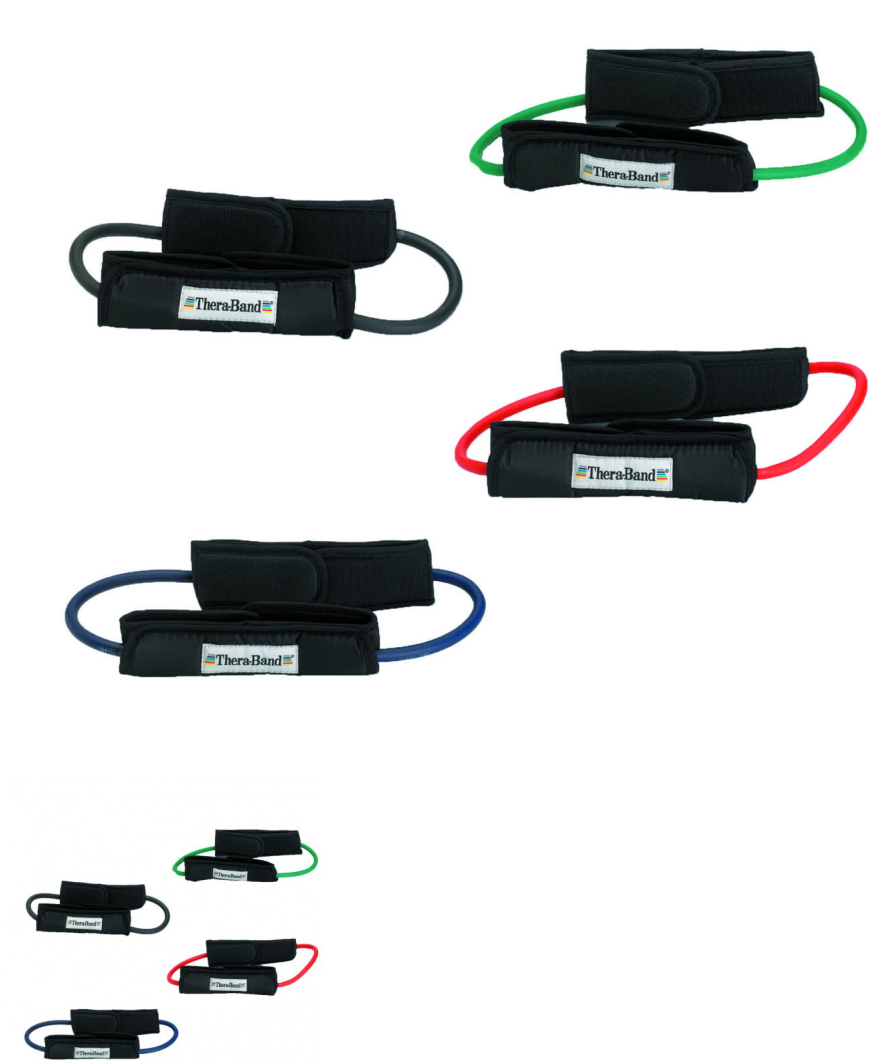


EXERCISE MINI BANDS THERABAND WITH PADDED CUFFS



EXERCISE MINI BANDS THERABAND WITH PADDED CUFFS

?????????: ??? ?????????? ????
????
22,20 €
22,20 €

✓ Άμεση παραλαβή
Παράδοση 1 έως 3 ημέρες

[???? ???? ?????? ?? ? ?????](#)

?????????????: [Theraband](#)

?????????

Tubing meets loop

The TheraBand Tubing Loops are an effective training device with the well-known properties of the Original TheraBand Tubing. The TheraBand Tubing Loop is particularly suitable for combined strength and coordination exercises of the upper and lower extremities.

Thanks to the stable Velcro loops, no windings or additional assists are necessary. Simply put it around your wrists or ankles, close the Velcro fastener and the tubing loop holds in place even during exercises with a large range of motion. In addition, the hands remain free, which increases the variety of exercises even further.

- ideal for strengthening exercises on arms and legs
- more versatile than a conventional loop band
- the comfortably padded Velcro straps fix the tubing loop firmly and securely
- Material: natural latex
- Loop diameter: approx. 20 cm
- Circumference loop: 30 cm
- Max. Velcro loop diameter: approx. 12 cm
- including exercise instructions (English)

Available resistance levels

- medium / red: therapy and rehabilitation, in playful children's training, in prevention training
- strong / green: all-rounder for leisure and sport as well as for advanced rehabilitation and prevention training
- extra strong / blue: sophisticated tape for leisure and sport
- special strong / black: strength training for advanced athletes and athletes



Dimensions: 22cm * 13cm * 5cm ,Weight: 0.110

??????? ??? ??????????:1