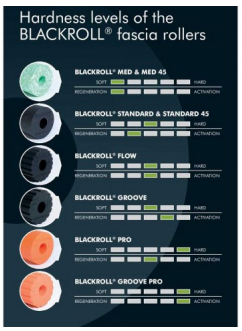
BLACKROLL STANDARD FOAM ROLLER ?????/?????/???? 30*15CM







BLACKROLL STANDARD

??????????: ??? ???????????? ?????
Price
33,39 €

32,89 €

-0,50 €

Εξαντλημένο

???? ??? ??????? ??? ?? ??????

ManufacturerBlackroll

?????????

? ??????? ????????? - **foam roller** ??? **BLACKROLL®** ????? ?????????? ??? ???? ???????????????? (Physio Award 2009) ??????? ????? ??? ????????? ?? ????????? ???? ??? ??????? ??? ????????? ???????? ?? ?????????? ?? ?????????? ??? ????????, ??? ????????? ??? ?? ?????? ???? ???????? ????? ???????? ??? ????????????. ????-?????. ????? ? ???????? ???????? ?? ???????? ???????? ?????????, ???? ? ?????????????, ?? ?????, ? ?????????????? ? ? ??????????????, .



? ?????????? ??????????, ?? ????????? ? ?????? ??????????? ???????? ??????? ?? ???????? ??? ??? ??? ?????? ?????????? ????????? ?? ???????? ??? ????. ?? ?? foam rolling ??? **BLACKROLL®** ???????? ?? ????????? ?????? ???? ?????? ??? ???? ???, ???????? ????? ??? ????????? ?? ?????????? ??? ???????? ??? ??? ?????? ??? ??? ??? ???????? ????? ??? ??? ???????. ???? ???????????????? ? ?????? ????????????.

???????????????? ?? ?????? ??? **????? ??? ?????,** ??? ??????? ? ??? ???????????

????? 30cm

????? ?????????????? ??? ????????, ????? ?????? ??? 100% ???????????? ?????.

??? ?????????

- ????????????? ??? ??????? ?? ????? ?????????? ??? ???? ??? ????
- ??????? ??? ????-????? , (??????????) ??? ??????????? ???????????? ??? ?????? ??? ??? ??????
- ??????? ??????? ??? ?????????

?? ?????? ?? ?????? ?? ????? ? ????????? (fascia) ??????? ??? ??????? ?????

? ????????? ????? – ??????????? BLACKROLL ® STANDARD ????? ???????? ??? ????? ??? ?????? ?? ?????????? ??? ???????????? ???? (mobility) ??? ?????? ??? ??? ???????????? ??? ?????? ??????? ??? ??????? ???? ??? ??? trigger points. ? ????????? ????? ????? ??? ??????? ???????????? ?????????? ??? ??? ???????????? ??? ?? ?? ????? ???? . ???? ??? ????????? ???????? ??? ??? ??? ??????? ????????? ???, ?? BLACKROLL ® ????? ? ??????? ????????? - ?????????? ??? ?? ?? ???????????????? ??? ?????, ??? ????????????????, ??? ??????????? ? ??? ??????`.

Foam roller: ?? ?????: **(??????? ?????)**

?? BLACKROLL ® ????? ?? ??????? ???????? ??? ?? ????-????? ??? ??????, ??? ??????, ??? ???? ??? ?????? ? ??? ??????. ?? ??? ??? ??????????? ???? ??????? ????????? (? ??? ???????? ?????), ?????? ?? ??????????? ?????? ??? ???????????? ?????????, ????????? ?? ?????????????, ?? ????? ??? ??????????, ??? ?????????????. ??? ?????????? ??????? ????? ??? ?? ???????????????? ????? ?? ???????, ?????? ?? foam roller – ????????? ????? BLACKROLL ® STANDARD ????? ?????????? ??? ???????????? ??? ??????????. ????????? ???????????? ?? ?? ????? ??? ??????? ??? ??? ?? ??????????? ??? ????? ???? ???? ??? ?????? ?? ?????? ?????. ? ????? ??? ? ?????? ??? ???? ??????? ???? ?? ???????????????? ??? ?? ??????????? ? ??????????? ??? ???? ??? ????? ??????? ????? ??? ?? ??????????. ????? ??? ?? ????????????? ??????? (??????? , ??????? ????? , ??????????? , ??????? ???.)????? ???????????????? ?? ??? ?????? ???????? ??? ?? ?????? ???????? ??? ?????? ????????? BLACKROLL ® fascia.

????? ????? ???? ????????? ?? ?? BLACKROLL ®

? ????? ????? ??? ??? ????? ???? ???? ??? ????? ?? ????????????? ??????? . ?????? ??????????? ??????? ??? ????? ?? ??????? ??? ? ?????? ????????????? ????????? ??? ?????? ??? ???? ???? ??? ?????? ?? ???????? ?? ?????? ???? ??? ???????????? ????????????. **?? BLACKROLL ® Fascial Roller STANDARD** ????? ? ??????? ??????? ????? ??? ??? ?????? ???????? ??? ??? ??????? ??? ??????? ??? ????. ????? ?????????????? ??????? ??? ???????? ?????, ?? ??????????? ???????? ?? ?????????? ??????????.

?? ??????? ??? ??? ???? ??? ?????????? ?????????????? ??????? ??? ???????????? ??? ??????????, ???? ????? ?? ????? ??????? ?? ?? **BLACKROLL ® STANDARD**. ?? BLACKROLL ® STANDARD ?? ????? ? ??????? ????????? ???, ???????????? ??? ?? ?????????? ?????? ??? ??????? ??? ??? ???????? ??? ???? ???. ???? ??? ????? ?????????? ?????????? ??? «?????????»**?????????**, ??? ?????????? ??????? ???? ?? ????????. ??? ????? ?????????? ????? ?????????? ?? ??? ???????? **???????? ?????**, ?? ????? ??????????? ??? ???? ???? ???????????? ???? ??? ???? ?? ?? ????? ?????? ??????.

??????????

? **????????? ????? (foam roller) BLACKROLL ® STANDARD** ????? ? ??????? ??????? **???????????? ?????????? ??? ???????** ??? ????????? ?? ?????????? ???? ????? ??? ?????? ??????????? ???????????? ???? ?????????? ???. ????????? ?? ??? ?? ???? ?????? ??????????? ???? **??????? ???????????** (??????? ?? ???? ??? ???????? ?? ??????? ??????????? ??? ?? ????? ???) , **?????? ???????????** , **??????? , ?????? Pilates** ???.

??????? ??? ??????????:1