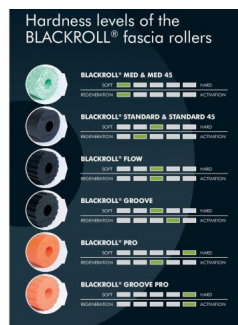


## BLACKROLL FOAM ROLLER STANDARD BLACK 30\*15 CM ?????



FOAM-ROLLER-BLACKROLL



BLACKROLL STANDARD

?????????: ??? ?????????????? ?????

**Price**  
31,50 €

✓ Άμεση παραλαβή  
Παράδοση 1 έως 3 ημέρες

[???? ???? ?????? ???? ???? ??????](#)

Description

? ?????? ????????? - foam roller ??? BLACKROLL® ?????? ?????????? ???? ???? ?????????????????? ( [Physio Award 2009](#) ) ???????  
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? ?????????? ??????????, ?? ?????????? ? ?????? ?????????????? ?????????? ?????????? ???? ?????????? ???? ???? ?????? ?????????????? ?????????? ??  
????????? ???? ??????. ?? ?? foam rolling ??? BLACKROLL® ?????????? ???? ?????????? ?????????? ???? ?????????? ???? ?????????? ?????????? ????  
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????????????????.

???????????????????? ???? ????????? ???? [?????? ???? ??????](#), ??? ????????? ???? ??????????????

?????? 30cm

???????????? 15 cm

????? ?????????????????? ???? ?????????, ?????? ????????? ???? 100% ?????????????????? ??????.

- ??? ????
- ??? ?????? ?? ??
- ?????? ??????????
- ?????? ?? ??????????????

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- ?????????????????? ???? ????????? ???? ?????? ?????????????? ???? ?????? ???? ??????
- ????????? ???? ?????-?????, ( ??????????) ???? ?????????????? ?????????????????? ???? ????????? ???? ???? ??????
- ????????? ?????????? ???? ?????????????

[?? ??????? ???? ??????? ???? ?????? ? ?????????? \(fascia\) ????????? ???? ????????? ??????](#)

? ?????????? ?????? – ?????????????? BLACKROLL® STANDARD ?????? ?????????? ???? ?????? ???? ?????????? ???? ?????????????????? ?????  
(mobility) ??? ?????? ???? ???? ?????????????? ???? ?????????? ?????????? ???? ?????????? ???? ???? trigger points. ? ?????????? ?????? ?????? ???? ?????????  
????????????????? ?????????????? ???? ???? ?????????????????? ???? ???? ???? ?????????? . ?????? ???? ?????????????? ?????????? ???? ???? ???? ?????????? ?????????? ???? , ??  
BLACKROLL® ?????? ? ?????????? ?????????????? - ?????????????? ???? ???? ???? ?????????????????????? ???? ??????, ???? ??????????????????????????, ???? ?????????????????? ?  
???? ?????????.

Foam roller: [?? ??????](#): (????????? ??????)

?? BLACKROLL® ?????? ???? ?????????? ?????????? ???? ???? ?????-????? ???? ?????????, ???? ?????????, ???? ???? ???? ????????? ???? ?????????? . ?? ???? ????  
????????????????? ?????? ?????????? ?????????????? ( ???? ?????????????? ??????), ????????? ???? ?????????????????? ?????????? ???? ?????????????????? ?????????????? , ?????????????? ????  
????????????????????, ???? ?????????? ???? ?????????????????? . ???? ?????????????? ?????????? ?????????? ???? ???? ?????????????????????? ?????????? ???? ?????????,  
???????? ???? foam roller – ?????????????? ?????? BLACKROLL® STANDARD ?????? ?????????????? ???? ?????????????????? ???? ?????????????????? . ?????????????  
???????????????????? ???? ???? ?????????? ???? ???? ???? ?????????????????? ???? ?????????? ???? ???? ???? ?????????? ???? ?????????? ??????. ? ?????? ???? ? ?????????? ????  
????? ?????????? ???? ???? ?????????????????????? ???? ???? ?????????????????? ???? ?????????????????? ???? ???? ???? ?????????? ?????????? ?????????? ???? ???? ?????????????? . ?????? ???? ????  
????????????????????? ?????????? (????????? , ?????????? ??????, ?????????????????? , ?????????????????? , ?????????????????? , ?????????????????? ) ???? ???? ?????????? ?????????? ???? ???? ?????????? ?????????? ???? ???? ?????????  
????????????? ???? ?????????? ?????????????? BLACKROLL® fascia.

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